

Beverages

We offer a variety of beverages selections, both hot and cold. For special request please follow special order instructions on the reverse of the menu.

Whidbey Coffee 12.00

We are proud to serve Whidbey Coffee's Founders Roast. **One order serves 8-10 people.**

Whidbey Decaf Coffee 12.00

We are proud to serve Whidbey Coffee's Decaf Roast. **One order serves 8-10 people.**

Hot Tea 10.00

A variety of TAZO tea - black and herbal. **One order serves 8 people.**

Bottled Soda and Water 1.50

We serve a variety of 20oz bottled Pepsi and Coca-Cola beverages as well as 20oz bottled Aquafina.

Bottled Juice 1.50

Apple, Orange, Grape & Vegetable.

Breakfast

A selection of breakfast offerings perfect for an early morning meeting. For special request please follow special order instructions on the reverse of the menu.

Fresh Fruit & Melon 9.00

Fresh cut seasonal fruit and melon. **One order serves 10 people.**

Bagel with Cream Cheese 1.25

An assortment of bagels served with cream cheese.

Fresh Baked Cinnamon Roll 1.50

Baked fresh and topped with a sweet glaze.

Fresh Baked Scone 1.25

Baked fresh for your order.

Signature Soup, Salad & Deli

Slow simmered soups, hand-tossed salads, and wraps made with fresh ingredients. For special request please follow special order

Soup - Daily Special 8.50

Mondays: Split Pea with Bacon
Tuesdays: Butternut Squash & Sweet Potato Soup
Wednesdays: Chicken Tortilla Soup
Thursdays: Navy Bean Soup
Fridays: New England Clam Chowder
Saturdays: Bacon Potato Soup
Sundays: Chicken Pot Pie Soup
One order serves 4 people.

West Wind Kale Salad 2.50

A perfect portion of our famous kale salad.

Garden Salad 2.50

Mixed greens with fresh Roma tomato, cucumber, carrots, bell pepper, black olives, and your choice of dressing.

Chicken Caesar Salad 4.50

Grilled chicken, fresh romaine & parmesan.

California Cobb Salad 4.50

Chicken, bacon, avocado, tomatoes with lettuce, tossed in a red wine vinaigrette.

Crispy Southwestern Chicken Salad 4.50

Romaine & spring mix with chicken, fried tortilla strips, roasted corn, black beans & tomato with lime cilantro dressing.

Beef Swiss Pub Wrap* 4.50

Deli sliced roast beef, Swiss cheese, lettuce, red onion & horseradish sauce in a Tortilla Wrap.

Chicken Caesar Salad Wrap* 4.50

Grilled chicken, fresh romaine & parmesan in a Tortilla

Classic Club Wrap* 4.50

Ham, turkey, bacon and cheese in a Tortilla Wrap.

Veggie Wrap* 4.50

Lightly sautéed vegetables with garlic, herbs and mozzarella cheese in a Tortilla Wrap.

Turkey Cream Cheese Wrap* 3.25

Deli sliced turkey, cream cheese, spinach and tomato in a Tortilla Wrap.

***Wraps are available with your choice of flour, spinach or sundried tomato tortillas**

Boxed Lunches & Afternoon Snacks

For special request please follow special order instructions on the reverse of the menu.

Signature Wrap Boxed Lunch 7.50

Choose any of our Signature Deli Wraps - served with potato chips, fruit, cookie, and beverage.

Basic Boxed Lunch 5.00

Your choice of sandwich: turkey, ham, roast beef, tuna, or egg salad. Served with potato chips, cookie and beverage

Fresh Vegetable Crudité 12.00

An assortment of fresh baby carrots, celery, broccoli florets, and other seasonal vegetables - served with your choice of Hummus or Ranch dressing. **One order serves 6 people.**

Fresh Hand Fruit 1.00

Oranges, Apples and Bananas.

Assorted Frito Lay Potato Chips 1.00

Regular Lays, Baked Lays, Doritos, Cheetos, Sun Chips, Fritos, Pop Chips, and Rold Gold Pretzels.

Pretzels & Popcorn Mix 10.50

Our go-to healthy afternoon snack. Fresh popped popcorn tossed with Rold Gold Pretzels. **One order serves 6 people.**

Cookies 5.50/dzn

Fresh baked cookies - Chocolate Chip, White Chocolate Macadamia Nut, Oatmeal Raisin, and Sugar.

Dessert Bars 1.00/each

Fresh Baked Brownies or Lemon Bars.

To continue to offer you the best service possible, please see the below guidelines for all West Wind Café Catering orders:

All orders must be submitted 72 hours prior to the delivery time of your event. Orders placed without 72 hours notice are subject to cancellation at the discretion of West Wind Café Catering. Order cancellations or changes require 48 hour notice. Cancellations or changes with less notice are subject to department charges up to the entire cost of the scheduled function.

West Wind Café @ WhidbeyHealth Medical Center is proud to serve our hospital visitors and staff a menu featuring a blend of traditional comfort food and personal wellness inspired recipes to best meet the needs of the community.

The Café is located on the first floor of the hospital.

To continue to offer you the best service possible, please see the below guidelines for all West Wind Café Catering orders.

- * All orders must be submitted 72 hours prior to the delivery time of your event.
- * Orders placed without 72 hours notice are subject to cancellation at the discretion of West Wind Café Catering.
- * Order cancellations or changes require 48 hour notice. Cancellations or changes with less notice are subject to department charges up to the entire cost of the scheduled function.
- * Special menu requests are available for meetings or events that call for a buffet style menu & service. For these requests, please contact Conor O'Brien (obrienc@whideygen.org) or x.3200, and we can plan & coordinate your menu needs.

Internally all catering orders will be transferred to your department. We accept cash, credit (VISA, Mastercard, Discover), and invoicing for our customers ordering outside the hospital.



101 N. Main Street
1st Floor - West Wind Cafe
Coupeville, WA 98239



West Wind Cafe Catering Menu

West Wind Café Catering is proud to serve your catering needs.

We accept orders internally within WhidbeyHealth Medical Center or from outside in our community.

Hours

Monday - Friday: 6:00am - 6:00pm
Saturday & Sunday: 8:00am - 6:00pm

To order, contact:

Internal: <http://wghweb/forms/request-for-food-service>
Phone: 360-678-7656 x.3204
E-mail: obrienc@whidbeyhealth.org

