

N95 Face Mask Cover Sewing Instructions & Patterns

Materials

- Main Fabric (cotton), 12" x 6", prewash
- Lining Fabric (cotton), 10" x 6", prewash
- Elastic cord for ear loops 16", or, shoe lace/ribbon/cord with at least 44" length for head tie
- Face Mask Sewing Pattern, without seam allowance included,
- or, Face Mask Sewing Pattern with seam allowance included,
- or, Pocket Face Mask Sewing Pattern with seam allowance included. Choose your option to download and print separately.

Instructions

1. See the Face Mask Sewing Patterns on next pages (three sizes)

2. Pin the templates onto the fabric, trace and cut out the fabric pieces.

Main Fabric:

- Fold the main fabric into half with the wrong side facing each other, pin the paper pattern onto the double-layered fabric. Cut the fabric with 1/4" allowance, except the ear side. Cut the fabric at the ear side with 1" seam allowance. Remove pins and paper pattern

Inside Fabric:

- Repeat the same as the main fabric, except the ear side seam allowance. Cut the fabric at the ear side with zero seam allowance.

3. Sew

Main Fabric:

- Turn the face mask main piece with right side facing each other, sew the centerline of the face mask (long curved portion)
- Clip curve along with the seam allowance, be careful and don't accidentally clip on the stitches.
- Press seam allowance to one side, topstitch near to the seam line on the side where the seam allowance is.

Inside Fabric:

- Repeat same steps as above for sewing the lining part.

Assembly:

- Flip the lining and place onto the main face mask, align the center seam line, pin and sew the top and bottom lines.
- Turn the face mask right side out. Press seam neatly and topstitch near the edge. The main fabric of the side ear area is longer than the lining piece. This is going to be the pocket of the elastic band.
- Fold in 1/4" at the raw edge of the ear side, fold again so that the first fold edge is 1/4" from the lining raw edge.
- Sew a straight line down leaving a space for the elastic cording to fit through, don't forget to perform a few back stitches to lock the thread end.
- Measure and cut the length of the elastic band needed (usually around 6"-8" depending on the size of the face).
- Insert the elastic band through the pocket and tie a dead knot to the ends.
- Repeat the same to the other side. Pull the elastic band until the knots are hidden in the pocket.
- Create ties in no elastic is available. Please make each tie approximately 20 inches when finished.

