

Tour proceeds

will support excellence

in healthcare on Whidbey Island.

Course Information

Choose between a variety of routes:

a hilly **100 MILE CENTURY RIDE,**

or moderate **33 OR 67 MILE RIDES**

or an easy, family-friendly **10 MILE RIDE.**

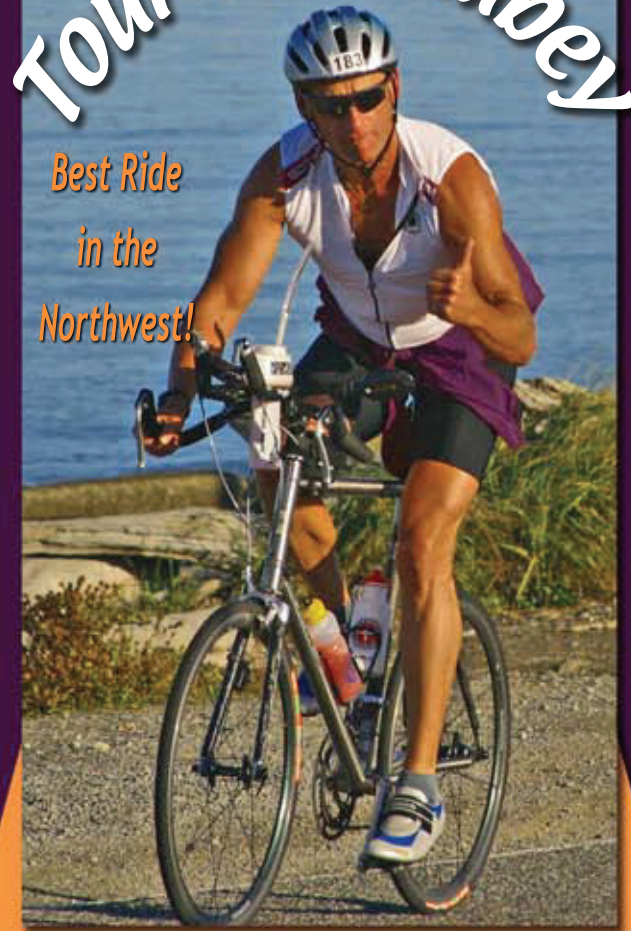
The mission of WhidbeyHealth Foundation is to support WhidbeyHealth and community health endeavors through public awareness and the development and management of charitable resources.

Lodging Information

- **CLINTON CHAMBER OF COMMERCE**
www.clintonchamberofcommerce.org
- **COUPEVILLE CHAMBER OF COMMERCE**
www.coupevillechamber.com
- **FREELAND CHAMBER OF COMMERCE**
www.freeland-wa.org
- **LANGLEY CHAMBER OF COMMERCE**
www.visitlangley.com
- **OAK HARBOR CHAMBER OF COMMERCE**
www.oakharborchamber.com
- **WHIDBEY & CAMANO ISLANDS TOURISM**
www.WhidbeyCamanoIslands.com
- **WHIDBEY ISLAND PARKS**
www.visitwhidbey.com

Tour de Whidbey

Best Ride
in the
Northwest!



Saturday
August 19 2017

Ride country roads on beautiful Whidbey Island,
Washington State, USA


WhidbeyHealth
Foundation



Saturday August 19 2017

Where BEAUTIFUL WHIDBEY ISLAND

- **Century Whidbey (100), Metric Century Plus (67) Half-Metric Century (33) Fun Ride (10):**
 - Check-in and registration opens at 7 am at the Greenbank Farm.
 - These central northern rides begin and end at Greenbank Farm.
- **Break Stations:** Enthusiastic volunteers every 12-15 miles with water and snacks.
- **Driving directions** are available on the Tour website.
- **Route maps** and cue sheets provided at check-in.
- Registered riders wishing to walk their bike on/off the ferry to join mid-route, contact WHF by 8/5/17.

Safety HELMETS ARE MANDATORY

- **It is recommended** that each rider bring water, a tube patch kit, tire levers, pump, spare tire rain gear and warm clothing in layers that can be shed as the day warms.
- **THIS IS NOT A RACE!** Please be courteous to local drivers and obey all traffic laws, All roads will be open to normal traffic. Riders must follow the rules of the road, observing stop signs and stoplights.
- **Roving course patrol** is provided by the Island Wings motorcycle group and Island County Amateur Radio Club.

Age Restrictions

- Riders under 18 years old must be accompanied by an adult rider over 18.
- No more than 3 riders under 18 per adult rider.
- A waiver must be signed by a parent/guardian for any rider under 18.

TOUR DE WHIDBEY REGISTRATION

■ PLEASE PRINT ■ One rider or tandem team per registration form, please! ■ Detach and mail with payment

Last name	First name	MI
Mailing Address	City	State Zip
Phone	Email	
Tandem Member: Last name	First name	MI

List names/ages of children riding 10 mile route with you:

Emergency contact Phone

33, 67, 100 Mile Rides	10 Mile Ride
<input type="checkbox"/> \$ 60 Individual <input type="checkbox"/> \$ 50 Military <input type="checkbox"/> \$ 95 Tandem	<input type="checkbox"/> \$ 25 Individual 14 yrs + Up to 3 kids under 14 FREE with adult 18+ <input type="checkbox"/> \$ 20 Military <input type="checkbox"/> \$ 40 Tandem
Registration Fee \$ _____ T-shirt(s) + Sweatshirt(s) \$ _____ TOTAL ENCLOSED \$ _____	
Payment Information	
<input type="checkbox"/> Check (Payable to WHF) <input type="checkbox"/> VISA <input type="checkbox"/> Mastercard	
Name on card	Cardholder Signature
Card #	
Card Exp Date	Security Code

Commemorate Your Ride			
T-Shirts • \$20 each		Sweatshirts • \$40 each	
Size	Quantity	Size	Quantity
X-Small	_____	X-Small	_____
Small	_____	Small	_____
Medium	_____	Medium	_____
Large	_____	Large	_____
X-Large	_____	X-Large	_____
XX-Large	_____	XX-Large	_____
XXX-Large	_____	XXX-Large	_____

FOR MORE EVENT OR MERCHANDISE INFORMATION

[www.whidbeyhealth.org>foundation>tour de whidbey](http://www.whidbeyhealth.org>foundation>tour%20de%20whidbey)
or email us at: tourwhidbey@whidbeyhealth.org

MAIL REGISTRATION FORM TO
WHF Tour de Whidbey
PO Box 641, Coupeville, WA 98239
or Register Online: www.active.com

WAIVER: By signing this release for myself (or as parent/guardian for a minor), I agree to the following:

1. I will hold harmless or indemnify WhidbeyHealth Foundation and all its sponsors, their respective officers, agents, members, employees and/or any and all counties, states, cities, and towns through which this event may pass, and the Dept. of Transportation and State Patrol, and all other parties connected with this bicycle event from any injury, loss or damage caused by negligence of any party.
2. I understand the route chosen may be challenging and of high risk, including risk of injury or death. I am a sufficiently competent cyclist and can handle any road conditions which may occur.
3. I understand that helmets are mandatory, that all roads will be open to normal traffic, and that I am responsible for obeying all traffic laws.
4. I understand the Tour is a public event and affirm the Foundation has permission to use any photograph taken of me during the event for current and future marketing.
5. I understand that this release form is also binding to my heirs and representatives.
6. If I am signing on behalf of a minor, I accept full responsibility for all medical expenses incurred as a result of the minor's participation and agree to hold harmless and indemnify the entities named above for all claims brought on behalf of the minor. I understand that minors must ride with an adult.
7. I understand that it is my sole responsibility to familiarize myself with the information in the registration materials and to follow procedures and rules set for this ride.

Date

Signature of participant

Signature of parent/guardian