Around the Hospital

Construction Moves Along for Pharmacy, Health Ed Center, Peri-Op

Pharmacy & Health Education Center:
- Containment walls were built along the east side of the Pharmacy and Health Education Center. The single door off the corridor leads into an anteroom where negative air machines and sticky mats are used to keep dust and debris from entering the public corridor. Please note that access through this door is limited to authorized construction personnel only.

- Portions of the existing slab were sawcut and demolished to add new plumbing lines to the existing system. Andersen met with WhidbeyHealth staff to coordinate noise mitigation efforts above the construction area in the 2200 pod.

- Structural steel beams were put in place in the Health Education Center. These beams will serve as the supporting structure for the operable acoustical partition to divide the Health Education Center into two separate rooms when needed.

Peri-Op:
- The first construction activity will begin the second week of May. This includes installing the new fire sprinkler system and welding structural steel to support the Mechanical Electrical Plumbing (MEP) systems.

- MEP coordination is complete and in for review with the design team.

Top: Containment walls were built along the east side of the Pharmacy construction zone. Access through this door is limited to authorized construction personnel only.
Center: Portions of the existing slab were saw-cut and demolished to add new plumbing lines in the Pharmacy space.
Bottom: Structural steel beams were put in place in the Health Education Center. These beams will support the operable partitions that will divide the space when needed.
WhidbeyHealth Volunteers Honored at Luncheon

WhidbeyHealth Foundation staff invited hospital volunteers to lunch at the Coupeville Recreation Hall last week to celebrate their many hours of dedicated service.

The hall was decorated in bright pastel spring colors with multi-colored tulips adorning the tables. A buffet lunch of sandwiches, salads and fruit was served and volunteers were treated to a “sweet-tooth table” where they were encouraged to take home bags of penny candy and flower-iced cupcakes. Beautiful potted flowers were also given as door prizes to a lucky few.

But the main event was to honor these volunteers for the important work they do for our healthcare system.

“We love our volunteers,” said Foundation Volunteer Coordinator Heather Zustiak.

“We want them to know how grateful we are for their time and dedication to WhidbeyHealth and that their work is invaluable to the hospital and clinics.”

These volunteers do everything from working in the hospital gift shop to helping out at the clinics, in our Rehab Care Life Center or at our Lifeline Services office in Freeland.

Other volunteers at the event included some members of the Patient and Family Advisory Council who meet once per month in an effort to provide a bridge between patients, their families, hospital staff and the community to improve patient care and experience.

Also in attendance were WhidbeyHealth volunteer chaplains, and members of the Polly Harpole Guild, the last guild remaining from the original 20 hospital guilds established in 1957 to build the hospital.

The Foundation and the WhidbeyHealth administration extend their deepest gratitude to all these volunteers for the generous and vital service they provide to our community.
Happy National Healthcare Week 2018!

The WhidbeyHealth Recognition Committee is busy making plans to honor all WhidbeyHealth employees during National Healthcare Week May 6 to 12. National Hospital Week 2018 celebrates hospitals, health systems and the women and men who support the health and well-being of their communities through dedication and care from the heart.

Among the activities planned are free meals for each employee of WhidbeyHealth, “happy hour sweet treats” each afternoon, formal recognition of all those who have received awards, certifications or further education, a raffle of WhidbeyHealth fleece vests for 40 lucky winners and other fun pursuits.

Celebrating National Hospital Week provides an opportunity to thank all of the dedicated individuals – physicians, nurses, therapists, engineers, food service workers, volunteers, administrators and so many more – for their contributions.

During Healthcare Week from May 6 to 12, we recognize and celebrate our entire team and thank them for their dedicated service to the community.

Hug a healthcare worker this week.
WhidbeyHealth Respiratory Care Nurse Receives Recognition

The International Association of Healthcare Professionals is pleased to welcome WhidbeyHealth Respiratory Care Practitioner Martha Krotz to their prestigious organization with her upcoming acknowledgment in the “Worldwide Leaders in Healthcare” publication.

Martha is a highly-trained and qualified respiratory therapist with expertise in all facets of her field. Krotz has been practicing for more than 43 years and is currently at WhidbeyHealth Medical Center.

Martha Krotz first completed her hospital provided training in respiratory care at Golden Valley Memorial Hospital in Clinton, Missouri in 1974. After working for many years as a non credentialed respiratory technician, she continued her education through the California College of Health Sciences, and became a Certified Respiratory Therapist. After further advanced education, Martha attained Registered Respiratory Therapist Eligible status from the National Board of Respiratory Care.

Martha remains an active member of the American Association for Respiratory Care, and is a noted specialist in the provision of adult, pediatric and neonatal respiratory care. She attributes her success to loving her profession.

SOURCE: International Association of Healthcare Professionals

WhidbeyHealth Kudos

WhidbeyHealth RN Wins Educator of the Year Award

WhidbeyHealth Diabetes Educator Line Goulet, RN, CDE, took home the Educator of the Year award at the 2018 Washington Association of Diabetes Educators (WADE) Conference in April. Line was nominated by Erin Simms, RD, CDE, who attended the conference with her.

Goulet has been an educator for more than 25 years. “Dedicated, passionate and versatile” are just a few words used to describe this educator.

Here at WhidbeyHealth she addresses a wide range of needs including, inpatient acute care management, regular training and updates for hospital, community clinics, nursing facility staff, as well as public education.

Goulet and Simms spoke at the conference. Goulet was the primary speaker about “Challenges in Care of the Person with the Dual Diagnosis of Diabetes and Cancer.”

“She did an amazing job,” Simms said, “laying out how cancer treatment can impact blood glucose control, importance of managing blood glucose as well as risk factors (especially diabetes) and the roles of chemotherapy and other new cancer treatments on survival. My part was on medical nutrition therapy tips for managing cancer symptoms and blood glucose,” she added.

Goulet’s award included $500 which she said she will use for another Diabetes Education conference.

WhidbeyHealth Respiratory Care Nurse Receives Recognition

The International Association of Healthcare Professionals is pleased to welcome WhidbeyHealth Respiratory Care Practitioner Martha Krotz to their prestigious organization with her upcoming acknowledgment in the “Worldwide Leaders in Healthcare” publication.

Martha is a highly-trained and qualified respiratory therapist with expertise in all facets of her field. Krotz has been practicing for more than 43 years and is currently at WhidbeyHealth Medical Center.

Martha Krotz first completed her hospital provided training in respiratory care at Golden Valley Memorial Hospital in Clinton, Missouri in 1974. After working for many years as a non credentialed respiratory technician, she continued her education through the California College of Health Sciences, and became a Certified Respiratory Therapist. After further advanced education, Martha attained Registered Respiratory Therapist Eligible status from the National Board of Respiratory Care.

Martha remains an active member of the American Association for Respiratory Care, and is a noted specialist in the provision of adult, pediatric and neonatal respiratory care. She attributes her success to loving her profession.

SOURCE: International Association of Healthcare Professionals
WhidbeyHealth Events

The Polly Harpole Hospital Guild of the WhidbeyHealth Foundation presents its second annual Spring into Fashion Fashion Show and Luncheon

11 a.m. to 2 p.m. Thursday, May 17 at Whidbey Golf Club – Oak Harbor
Salad, lunch with dessert, coffee and soft drinks.
$30 per person

Fashions and accessories provided by “The Shop” at WhidbeyHealth Medical Center. Tickets also available for fabulous raffle prizes!

Reservations and payment due no later than Monday, May 7. Tickets available from any Guild Member or in the WhidbeyHealth Medical Center Gift Shop. Or call 360.678.7656 ext. 3901.
More WhidbeyHealth Events

Relay for Life Coming Up June 1, 2

It’s that time of year when Relay for Life teams are gearing up for Whidbey Island’s **Friday, June 1 and Saturday, June 2** all night walk-the-track event to raise funds for the American Cancer Society.

See you on the Oak Harbor Middle School track!

Above, the opening ceremonies of the Whidbey Island Relay for Life event at the Oak Harbor Middle School track in 2016. At right, a cancer survivor stops by the WhidbeyHealth booth last year at Whidbey Island’s Relay for Life event in June.

Dr. Langrock to Emcee Foundation’s Annual Gala

Don’t miss the wild and crazy talents of Dr. Doug Langrock at WhidbeyHealth Foundation’s second annual Gala dinner, dance and auction!

Dr. Langrock will emcee the proceedings at this year’s fundraising event titled, “Growing Together,” on Saturday, June 2 at Dancing Fish Vineyards in Freeland. The word on the street is that supporters are hoping Doug, who was recently seen as Roger De Bris in the Whidbey Playhouse production of “The Producers,” will lend his beautiful singing voice to the evening for some must-see musical entertainment.

Join us for this magical evening of fabulous food, fine wines and atmospheric décor reflecting the natural beauty of summer on Whidbey Island!

To receive an invitation, contact Helen Taylor at taylo@whidbeyhealth.org.

Dr. Doug Langrock, right, performs in the Whidbey Playhouse production of Mel Brooks’ “The Producers” in Oak Harbor. Jim Reynolds as Carmen Ghia and Dr. Langrock playing Roger De Bris sang “Keep it sassy, keep it classy, keep it gay!”