

September 12, 2016

The regular meeting of the Board of Commissioners of the Whidbey Island Public Hospital District was called to order at 7:00 am by Board President, President Wallin. Present were President Wallin; Commissioner Fey; Commissioner Cammermeyer; Commissioner Gardner; Chief Executive Officer, Geri Forbes; Chief Financial Officer, Ron Telles; Chief Nursing Officer, Linda Gipson; Chief Human Resource Officer, Cindy Paget; Dr. Perera; Jake Kempton, Legal Administrator; and several other hospital staff.

Points of Order

President Wallin stated the meeting will be audio and video recorded today. Commissioner Wallin welcomed Dr. Eric Anderson and introduced him as the new District 5 Commissioner. Dr. Eric Anderson was then sworn into his position of Hospital Commissioner District 5.

Consent Agenda

Commissioner Gardner made a motion to approve the regular Board minutes from August 8, 2016 regular Board meeting minutes and the vouchers as presented, seconded by Commissioner Fey motion. Motion carried. Vouchers audited and certified by the auditing officer as required by RCW 42.24.080, and those expense and reimbursement claims certified as required by RCW 42.24.090, and have been recorded on a listing which has been made available to the Board. #203682 to #204567 and #3613 to #3625 in the total amount of \$7,471,600.27 with Capital equipment vouchers in the amount of motion carries \$943,489.87 therefore the vouchers are approved for payment in the amount of \$8,415,090.14.

General Public Comments

None

Construction Updates

Marc Estvold, Project Manager reported the following updates regarding expansion:

- We are now at the halfway point of the project and the plan is still to meet completion of new patient wing in late April 2017.
- Building currently is weather tight now.
- Brick will start the end of this month.
- Heat is now on in the new wing.
- A “Mock Up” patient room in the building off of the Northeast parking lot is now complete. Staff is welcome to tour it anytime.
- East roof working complete, center pod next and will begin work on the West Pod next week.
- Don’t see any delays in materials.
- Marc Estvold opened the discussion up for any questions. Commissioner Cammermeyer asked Mr. Estvold what’s the process for someone to be able to take a look at the Mock-Up room. Commissioner Wallin replied by going through George Senerth. Commissioner Fey asked that Mr. Estvold speak about the safety report. Mr. Estvold said Labor & Industries inspected the site. It was determined after the courtesy site inspection that the site passed with flying colors. Labor & Industries said Anderson Construction took safety seriously. “Kudos to Anderson Construction”. Compliments don’t come easy from Labor & Industries. Commissioner Wallin asked for any more questions or comments. No additional questions. Commissioner Wallin thanked Marc Estvold.

Quality and Nursing Update

Linda Gipson, CNO/CQTO reported the following:

- All nursing sensitive quality indicators continue to be in the top decile.
- Board Quality meeting to be held in October with a new schedule planned to go forward quarterly.
- Dr. Pham agreed to serve as the Physician Medical Director of Quality and Transformation Department.
- Dianna Graham – Worked as a MAC Nurse & ED Nurse. Dianna teaches ACLS, educational programs. Appointed to state wide committee by Washington State Nurses Association to improved continuing education offering. Allows WhidbeyHealth to be able to approve our own educational opportunities and CEU programs for the region and the Islands.
- 430B Program – Program was renewed and is functional. Commissioner Fey very knowledgeable and pleased we can offer lower cost drug options through the hospital being in this program.
- Dr. Gipson involved in 2 key Initiatives - Accountable Committees of Health & Rural Health Rapid Acceleration Committee. Both groups are functions of the Governor’s request for the Department of Health to put together a Rapid Transformation Program that will fundamentally improve the health of the citizens of the state of Washington and transform the financial and reimbursement models to support that transformation. There are very short timelines. Health care spending per capita in the United States is twice that of any countries. Washington’s approach to moving the quality and cost curve by the Governor’s request for A Healthier Washington Initiative (Based on the Triple Aim concept of building healthier communities). This program looks at individuals as “Whole Person” and not “Segmented People” who get their healthcare separate from their education, housing, and separate from the other

things that make people healthy and happy. This is planned to be achieved in part by transforming how services are being paid to reach that Triple Aim of better health and better care at a lower cost. This includes a \$64 million State Innovation Model Grant that came from the Centers for Medicare & Medicaid that's funding the initial initiatives including 1115 Waivers to reallocate some of the money to the Medicaid programs that present projects for Medicaid waiver in order to transform the healthcare delivery system and provide healthcare at a lower cost. They hope to do this by proposing by 2019 A Healthier Washington will hope to see engaged communities driving local health innovation that is unique to their own community and partnering with the state on health care purchasing.

- 1) Link and aligning partners across the caring and community continuum.
 - 2) Utilizing health in all policies approach across statewide organizations and communities.
- Goals Important to Whidbey Island and WhidbeyHealth:
 - 1) Healthier Community
 - 2) High quality care
 - 3) Annual Healthcare cost growth will be 2% less than the national trend.
 - 4) 80% Financed healthcare to value based models
 - 5) 50% of commercial market to value based models
 - Last few years have been a flattening trend.
 - MH is still a problem
 - Geri Forbes expanded more on Value Based Payment.

Linda Gibson discussed Functional Pillars for a Healthier Washington and how we are going to do this.

- North Sound Accountable Communities of Health
 - 1) Collaboration with Whatcom, Skagit, San Juan, Island & Snohomish Counties
 - 2) Behavioral Health Integration Practice Transformation
- 17 Groups represented on the North Sound Communities of Health Board in 5 sectors
 - 1) Education
 - 2) Managed Care Plan
 - 3) Public Health
 - 4) Consumer Representation
 - 5) Community Representation
- Early WIN 1115 Waiver Projects
 - 1) Unintended pregnancies. Teach Primary Care Physicians to provide contraception and not relying on OB's to do this. Can measure pregnancies and birthrate and determine if we have been successful.
 - 2) Billing all goes to centralized locations.
 - 3) Reduction in ED utilization. Utilize primary care more than ED.
 - 4) Health Innovation Leadership Network
 - 5) Rural Health Innovation Acceleration Committee
 - 6) Solutions Framework – Short timeline. Presenting in October 2016.

Focusing on problem statement key areas, goals & resource needs to achieve goals.

- Commissioner Gardner thanked Linda for sharing the presentation. Presentation gave good insight.
- Commissioner Wallin thought it would be a good idea for Linda to follow up with Commissioners after her October 12th meeting
- Linda mentioned the relationship with Amerigroup and Intensive Case Management being helpful.
- Geri Forbes added that technology piece helps engage patients. Help patients play a role in their own care.

Medical Staff Report

A. Chief of Staff Report

Dr. Perera presented Chief of Staff Report on behalf of Dr. Hansen which included and update on CPOE.

Dr. Perera share a change in process for term of medical staff privileges for temporary or locum tenens providers. Rationale of MEC is to go from 90 days to one year as many of our part time providers stay with us past 90 days.

Commissioner Fey moved to approve, Commissioner Anderson seconded. Motion was passed. Commissioner Wallin was a part of the discussion at MEC.

- A simplified credentials report will be provided for future meetings. With our new coordinator in Medical Staff office current processes under review.
- An update on Sleep Medicine Privileges being reviewed which and currently in process. We are looking to expand privileges based upon fellowship training in addition to basic training (Neurology or Pulmonology). New process will be provided for approval at the next meeting if ready.

Dr. Perera reported the following courtesy staff reappointment:

Dr. Perera concluded medical staff report.

Staff and Status Reports from Administration

A. Administrative Update

Geri Forbes, CEO reported the following:

- The qualities Dr. Pham brings to her new role
- Dr. Pham, Dr. Hansen & Linda attending IHI Conference
- Dr. Pham was unavailable this morning due to patient care in the OR
- Geri Forbes thanked Linda Gibson for her presentation and commented on how it was well done
- Discussed current pressures on the hospitals to change
- Tele-health – Will support Psychiatric prescription & counseling needs
- Fundraising – The Troxel’s (part time residents on the Island) donated \$50,000
- Family member of a patient donated \$5,000, very happy with services provided at WhidbeyHealth ED
- Upcoming Town Hall. September 22nd
- Kudos to our laboratory – Previously failed inspection 3 years ago, passed current inspection with praise from inspectors showing great improvement
- Tour de Whidbey – August 12th great participation
- Highlighted dates – National Falls Prevention Day; falls are a serious issue on the island

Education

A. Presented by Beth Stout

- Adjustments – Bills 18M per month at the hospital, her team’s provides a board report with key areas effected that are by Types of Adjustments

- Current plan in place to recover money so we can lessen write-offs
- Types of Adjustments:
 - 1) No authorization
 - 2) No medical necessity
 - 3) Non covered service
 - 4) State reported funds
 - 5) Financial Assistance
 - 6) Uncollectible
- Service recovery write-offs go to the board for review.
- Medicaid doesn't cover such services as dental care in the ED
- State Reported Refunds - Unclaimed refunds are sent back to the state
- Financial assistance – Obligated under The WAC to provide care
- Medicare requires we track Medicare Financial Assistance.
- Given .5 mil in financial assistance
- Apple Health – Paula has been successful signing up patients for Apple Health.
- 200+ patients were unaware of Apple Care free health care.
- Kudos to Paula & other staff for getting patients health care coverage
- Some clients with high deductibles and we help with them as well
- Beth Stout acknowledges Paula, Vera & Maria for the work they have done.
- Geri Forbes discussed this is an example of how much we give back to the community with uncompensated care
- Linda Gibson discussed the challenges of medical necessity including housing & support
- Commissioner Wallin thank the team for what they do.

Finance

Ron Telles, CFO discussed and presented the following financials for August 2016:

- Total Clinic Visits
- ER and EMS Visits
- Surgeries
- Home Health and Hospice
- Patient Days and Discharges
- Operations Income
- Statement of Revenues and Expenses
- Cash Flow

Ron Telles CFO stated usually if volume is down...revenue might not be great.

We are looking at trends. Currently we have 7 clinics on the Island with the lowest months in July. Same downward trend from last year.

ER, clinic, surgeries is where we look at how we are going to do. Averaging about 2k visits per month in the ED. Surgeries down since we lost surgeons in 2015, new physicians still ramping up. MRI/CT Scans – Looks good. Keep monitoring. Home Health & Hospice – Has slowed down to a more manageable level. Patient days down as compared to last year overall same trend. Expenses – Managers and staff have done very well at controlling cost. Cash – Has increased cash on hand since last year. We have 41 day's cash on hand as compared to years before we had 3 days. We are improving. Making sure right services provided are properly coded.

Commissioner Cammermeyer mentions the internal adjustments being made has helped be more efficient. Commissioner Gardner mentions we are starting to spend money with deferred maintenance. We will need to spend money on maintenance as

the plant is aging.

Committee Update

President Wallin opened the floor for any committee update discussion.

- WSHA Annual Meeting - October 12th 13th & 14th.
- Plan to revisit Committee Assignments
- By-laws need to be updated, possible workshop will be scheduled to review and discuss and update By-laws
- Commissioner Wallin discussed meeting with central Whidbey Fire Dept. – Went well with following topics:
 - 1) Maintenance needs at the Fire & Rescue bldg.
 - 2) Changes to fire station meeting will start to meet quarterly, first meeting with be January 2017
 - 3) Commissioner Gardner & Commissioner Wallin will represent the Hospital Board with all proposed changes to go in-front of the entire Board for approval.

Agenda Items for next Board meeting

President Wallin noted for the next Board meeting:

- 1) Next Board meeting will be held October 10th at 7:00 am.

Adjournment

There being no further business, President Wallin called for a motion to adjourn.

Commissioner Gardner made a motion, seconded by Commissioner Fey to adjourn the meeting at 8:36 a.m. Motion carried.