

Insurance Plans

- Aetna
- Amerigroup/Apple Health-Medicaid
- CHPW/Apple Health-Medicaid
- CIGNA
- Citrine (Breast and Cervical Health)
- Coordinated Care/Apple Health-Medicaid
- Crime Victims
- DSHS-Provider One
- First Choice Health Network
- First Health/Coventry
- Kaiser Health Plan (Commercial/Medicare Advantage)
- Medicare
- PHCS/MultiPlan
- Premera
- Regence
- Regence Medicare Advantage
- Tricare-HealthNet
- United Healthcare Commercial Plans
- United Healthcare Medicare Advantage (Medical Center only)
- USFHP
- Worker's Compensation

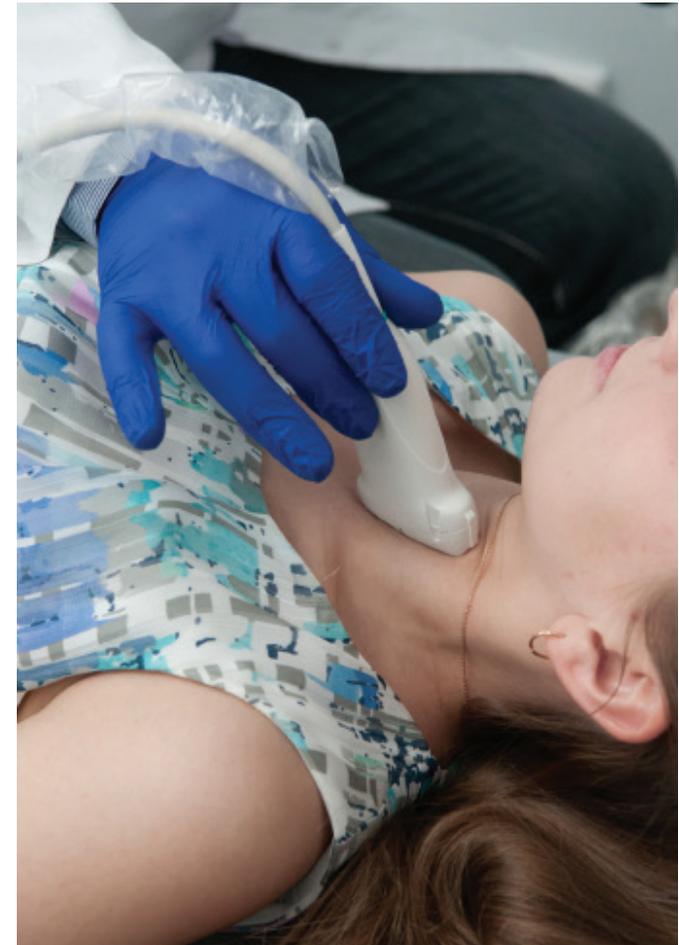
*Is your plan not on the list? This doesn't mean that WhidbeyHealth does not accept your insurance. Please contact our Insurance Advocates at **360.678.7656 ext. 4103** to see if we are considered an in-network provider for you. You may also contact your insurance company directly to see if you need a referral. Deductibles and coinsurance may be higher for out-of-network insurance.*

(For exams performed at partner hospitals call RADIA at 888.927.8023.)

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WhidbeyHealth



Information About Your Ultrasound

What is a Ultrasound?

Ultrasound, also known as a sonogram, is a diagnostic procedure that uses high-frequency sound waves to produce images of soft tissues within the body. The human ear can't hear the sound waves used in an ultrasound. Ultrasound does not utilize any radiation to produce images.

How does ultrasound work?

A hand-held transducer emitting silent, high-frequency sound waves is placed against the body and slowly passed over the area of interest. The sound waves pass through the skin and into the body. The returning sound waves, or echoes, are separated and identified by the transducer. The echoes are then recorded and displayed as real-time visual images.

How to prepare for your ultrasound exam

Many ultrasound exams require little or no preparation. In some cases you will be asked to not eat or drink for a specific time-period before your exam or drink certain amounts of water prior to your exam.

What can I expect on the day of my exam?

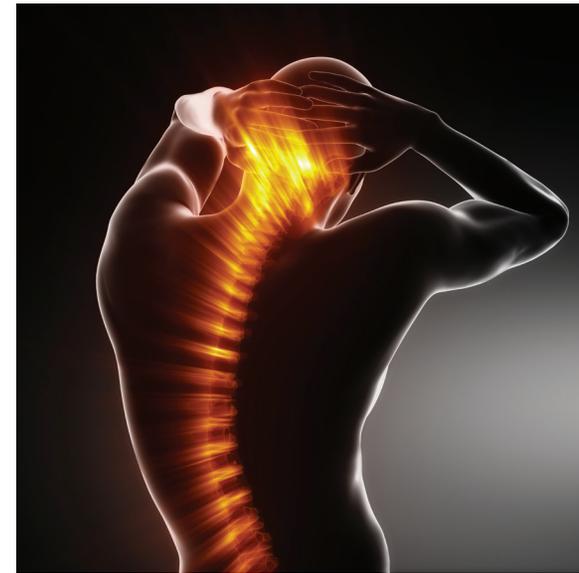
The sonographer (ultrasound technologist) will make you comfortable on the exam table.

The sonographer will then apply a warm gel to the area of interest. The sonographer will then pass the transducer over the specific exam area to obtain the images necessary to help the radiologist and your provider with a diagnosis. Most ultrasound exams last approximately 45 minutes.

The radiologist will review your exam and the results will be sent to your provider for review.



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