

Board of Commissioners Special Session Meeting Minutes
Monday, February 23, 2026
10:00 am

Agenda	Discussion	Action Items
Call to Order	<p>Call to Order The meeting of the board of commissioners meeting of WhidbeyHealth Medical Center was called to order at 10:00 am by board president Marion Jouas.</p> <p>Due to the delayed absence of Commissioner Borden, the board does not have a quorum and will delay the start of the meeting until his arrival.</p> <p>With the arrival of Commissioner Borden, Commissioner Jouas reopens the board meeting at 10:11 am.</p> <p>Commissioners present: Marion Jouas, Mark Borden MD, Kirk Gasper MD.</p> <p>Present: Nathan Staggs, CEO; John Gleason, Administrative Chief of Staff</p> <p>Commissioner Jouas</p>	
Public Comments	<p>Public Comments</p> <ul style="list-style-type: none"> • No public comments were made. 	

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Candidate Interviews	<p>Candidate Applicants</p> <ul style="list-style-type: none"> • Henry Veldman • Katherine Nelson • Roxanne Shephard • Kristina Hines <p>Introductions</p> <ul style="list-style-type: none"> • Henry Veldman - has a 40+ year career in healthcare, including over 20 years in the Kaiser system. He worked for a medical group in Everett for about 12 years. He then went to Eugene to run a medical facility of 250 providers where he spent 5 years. • Roxanne Shephard - Married into a family with deep roots on Whidbey Island. Roxanne's interest in the position stems from a career serving on non-profits including healthcare experience. She has been a patient at WhidbeyHealth is pleased with the care she has received. • Katherine Nelson - Worked at the district attorney's office with elected and appointed officials starting 24 years ago. She went to work for Texas Health as chief counsel in 2007. Still does freelance work and is an arbitrator for disputes. 	

	<ul style="list-style-type: none"> • Kristina Hines - Moved to Whidbey Island in 2019. Took over the economic development council in 2024. She has a specialty in Human Resources and has worked for multiple private equity firms. <p>Interviews</p> <ul style="list-style-type: none"> • Henry Veldman - Has been on a number of boards over the years. He speaks to his experience and knowledge of knowing what the board's responsibility is and would know when the board is overstepping its bounds. He answers operational questions and expounds on his experience. The hospital needs to be aggressive about relaying to the community who we are. • Roxanne Shephard - Roxanne serves at a hospital and sat on the hospital president's cabinet. She discussed the balance between finances, ethics, and community needs. She also discussed her experience securing federal grants and her connections to the Whidbey Island community. • Katherine Nelson - Katherine discussed her experience living on the island and things she had heard about WhidbeyHealth compared to her personal experience. She attributes the improvement in care recently to changes made by CEO Nathan Staggs and staff during his time with WhidbeyHealth. In the past she has been a part of risk analysis studies at prior hospitals. Katherine has been on 3 different boards in her time on Whidbey Island. She speaks about her experience with navigating government agencies and bureaucracies. • Kristina Hines - Kristina discusses what she sees as a lot of alignment with her current work at a non-profit Economic Council Island County and this role on the board. She discusses the need for work with reputation management and how she would work to fix issues at the hospital like daycare access. 	
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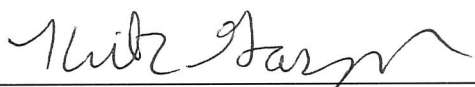
Agenda		Discussion	Action Items
Executive Session	<p>Executive Session The board will move to Executive Session for a total length of 30 minutes to discuss the qualifications for candidates for a public office per RCW 42.30.110(h).</p> <p>Commissioner Jouas calls the meeting back to order at 11:50 am. No decisions were made and no votes were taken.</p> <p>Commissioner Jouas calls the meeting back to order at 11:50 am.</p>		<p>Time out of regular session: 11:18 am</p> <p>Time into Executive Session: 11:20 am</p> <p>Time out of Executive Session: 11:47 am</p> <p>Return to Open Board Meeting: 11:50 am</p>

Agenda	Discussion	Action Items
Commissioner Candidate Nomination	<p>Discussion</p> <ul style="list-style-type: none"> CEO Nathan Staggs is in attendance at this meeting as a consultant to the board, <i>as superintendent 36</i> Commissioner Jouas expressed gratitude to the applicants and the experience that they brought. <p>Board Nominations</p> <ul style="list-style-type: none"> Commissioner Jouas states her preference to nominate Katherine Hines, while motioning toward Katherine Nelson. Commissioner Gasper echoes the qualifications of the candidates and states his preference to select Katherine Nelson to the board of commissioners. Commissioner Borden states his preference to select Katherine Nelson to the board of commissioners. A clarification is made that while Commissioner Jouas stated her selection as Katherine Hines, she intended to state the name Katherine Nelson. <p>Final Selection for Board Interviews</p> <ul style="list-style-type: none"> Katherine Nelson is motioned and selected to fill position 2. 	<p>Candidate Votes: Comm. Jouas: Katherine Nelson</p> <p>Comm. Gasper: Katherine Nelson</p> <p>Comm. Borden: Katherine Nelson</p> <p>Motion to nominate Katherine Nelson to fill board position 2: Motioned: Comm. Gasper Seconded: Comm. Borden Motion is approved</p>

Agenda	Discussion	Action Items
Adjournment	<ul style="list-style-type: none"> The next regular board meeting will take place on Thursday, February 26 at 6:00 pm. The board meeting is adjourned at 11:55 am Minutes taken by John Gleason 	<p>Motion to adjourn: Comm. Gasper Seconded: Comm. Borden Motion is approved</p>



 President of the Commission, Marion Jouas



 Commissioner, Kirk Gasper, MD



 Commissioner, Mark Borden, MD

