

Board of Commissioners Meeting Minutes
Thursday, June 11, 2026
9:45 am

Agenda	Discussion	Action Items
Call to Order	Call to Order The meeting of the board of commissioners meeting of WhidbeyHealth Medical Center was called to order at 9:45 am by board president Marion Jouas. This retreat took place at the Useless Bay Golf and Country Club Commissioners present: Marion Jouas, RN Kirk Gasper, MD Mark Borden, MD Katherine Nelson Marcy Shimada Present: Chief Executive Officer, Nathan Staggs Chief Financial Officer, Paul Rogers Hospitalist, Rosa Rangel, MD	
Clinic Tours	Clinic Tours Early morning tours of WhidbeyHealth Facilities in Clinton, Bayview and Freeland facilitated by each facilities' managers. The board was impressed at the dedication of the staff, the positive culture, the clean facilities and the volume of work done in each location. The lack of space for patient care and offices was reinforced at the Walk-in clinic and Freeland clinic. Retreat Useless Bay Golf and Country Club	

Agenda	Discussion	Action Items
Public comments	Public Comments No public comments were made.	

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Objectives	Objectives • Become familiar with AWPHD and the advocacy they provide and update on issues facing public hospitals districts districts in Washington. • Develop an understanding of CEO and Board relations charting a path of mutual respect and optimum success for WhidbeyHealth. • Physician perspective on healthcare in Island and surrounding counties past, present and future. What is the future of rural health in our area?	

	Financial overview of CAH finance understanding risks, opportunities and limitations.	
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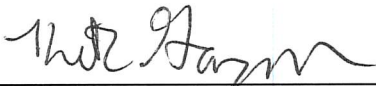
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General Board Items	- AWPHD Executive Director had a last-minute conflict and was unable to attend. He will be a speaker at a future work session. - CEO and Board relations was presented by Marion Jouas RN, board president and discussion by Nathan Staggs CEO of WhidbeyHealth. A PowerPoint presentation on the basic role differences of CEO and Board members, responsibilities inherit in each role and how to resist crossing into each area of responsibility was discussed. - Practical examples and techniques for generative discussions to take current and future operational challenges and turn that into board work on Strategy and financial planning. How does a public hospital district board look out and plan for an uncertain future in today’s challenging reimbursement, regulatory and government funding environment? Further education was requested and will be planned for future work sessions. - Dr. Rosa Rangel presented a physician’s perspective from working across the country and in Whidbey island for a decade. The history of hospital functioning and the building of the new patient wing was discussed. She reflected on her time on a large hospital system board and the challenges of board vs administrative work. Lastly, she spoke of the highly functioning administration, medical staff and entire health system healthcare workers currently at WhidbeyHealth. A broad ranging discussion on the future of Critical Access Hospitals and rural healthcare in our area was empowering. - Lastly, Paul Roger’s, CFO WhidbeyHealth, presented an extensive training in Critical Access Hospitals funding, the extended process and reporting to the Federal Government Agency, CMS, for reimbursement. The current process at WhidbeyHealth and how calculations of our costs are done. A brief explanation on how cost accounting is vastly different than a for-profit health system or business. Understanding a cost report and how those charges are reimbursed was fundamental to his presentation. The board left with a deeper understanding and this understanding will lead to the board able to more deeply understand financial reports for WhidbeyHealth.	

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Commissioner Comments	No decisions were made at this retreat. No votes were taken.	

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Adjournment	- The board meeting is adjourned at 3:30 pm - Minutes taken by Marion Jouas	Motion to adjourn: Comm. Gasper Seconded: Comm. Shimada Motion is approved



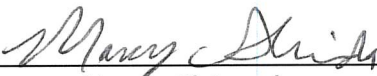
President of the Commission, Marion Jouas, RN



Commissioner, Kirk Gasper, MD



Commissioner, Katherine Nelson



Commissioner, Marcy Shimada

