

Board of Commissioners Meeting Minutes
Thursday, July 23, 2026
11:00 am

Agenda	Discussion	Action Items
Call to Order	Call to Order The meeting of the board of commissioners meeting of WhidbeyHealth Medical Center was called to order at 11:00 am by board president Marion Jouas. Commissioners present: Marion Jouas, RN Kirk Gasper, MD Marcy Shimada Katherine Nelson Present: Chief of Staff, Robert Rookstool, MD Chief of Staff Elect, Justin Williams, MD Chief Executive Officer, Nathan Staggs Chief Financial Officer, Paul Rogers Executive Director of Quality, Shanna Harney-Bates Executive Director of Ancillary Services, Tim Waldner Controller, Dana Hunt Executive Director Foundation, Rainy Simpson Administrative Chief of Staff, John Gleason 14 people attended online, and 1 attended in person.	
Consent Agenda	Consent Agenda • Approval of the June 11, 2026 Board Meeting minutes • Approval of the June 18, 2026 Board Meeting minutes • Approval of the June 25, 2026 Board Meeting minutes • Approval of the June 30, 2026 Board Meeting minutes • Approval of the July 9, 2026 Board Meeting minutes	Motion to Approve April Minutes: Comm. Gasper Seconded: Comm. Nelson Motion is approved

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Call to Order	Call to Order/Points of Order No call to order points of order were made.	

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DZA 2025 Audit Presentation	2025 Audit Results - Presented by Daniel Jachua, DZA. • There was a significant increase in cash and cash equivalents from 2024 to 2025 largely due to changes in the receivables, including a payment from the Employee Retention Credit. • Levy money was previously reported as operating revenues but are now being reported as non-	

	Reappointments: • Simi Kohli MD, Primary Care - Cabot, Active • Mary M. Embrescia MD, Tele-Psychiatry, CBP Telemedicine • Tara S. Kane PMHNP, Tele-Psychiatry, CBP Telemedicine • Heidi J. Bradley PMHNP, Tele-Psychiatry, CBP Telemedicine • Krista M. Thornberry PMHNP, Tele-Psychiatry, CBP Telemedicine • Neza F. Bharucha MD, Tele-Psychiatry, CBP Telemedicine • Stevette Javier, ARNP, Palliative Care, Active • Grace I. Wright, PA-C, Walk in Clinic - Goldie, Active • John B. Plastino MD, Emergency Medicine, Active Additional Privileges: • Helene W. Lhamon MD, Walk-in Coupeville, Active Privilege Request Form - Cardiology • Procedural sedations were added to this privilege set. • As we expand service lines, we are working to expand credentials and privileges for our physicians and providers. • Proctoring is an ongoing discussion topic that the medical staff has been addressing. Privilege Request Form - Pain Medicine • We have added outpatient, previously it was inpatient only. • Also added is a minimally invasive lumbar decompression.	Motion to approve Reappointments: Comm. Gasper Seconded: Comm. Shimada Motion is approved Motion to approve Additional Privileges: Comm. Gasper Seconded: Comm. Shimada Motion is approved Motion to approve Cardiology Request Form: Comm. Gasper Seconded: Comm. Shimada Motion is approved Motion to approve Pain Medicine Request Form: Comm. Gasper Seconded: Comm. Nelson Motion is approved
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Foundation Update	Foundation Update - Rainy Simpson, Director • The foundation is the fundraising arm of the hospital. • Many patients leave donations to the hospital as a part of their will. • Any department in the hospital can submit a grant request and the foundation board will decide whether to fulfil that grant request or not. • The foundation was able to raise over \$130k at the gala in May. • A documentary about the history of healthcare on Whidbey Island will be played at the Whidbey Island Center for the Arts (WICA) on Friday, August 21st.	

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Status Reports	Quality & Compliance - Shanna Harney-Bates - WhidbeyHealth hosted Washington State Senate Health & Long-term Care Committee. - WhidbeyHealth received a Rural Quality Everyday Extraordinary Award from the Washington State Hospital Association. - June HCAHPS scores were mostly above benchmarks with the exception of communication with doctors. Finance - Paul Rogers - We are reporting a total net surplus of \$283,850. The drivers of this net surplus are improved patient revenues and other operating revenues, both of which exceeded budget. - Expenses continue to run higher than budget. - We continue to see a decrease in inpatient visits, both patient days and admissions compared to one year ago. - The June results amount to two consecutive months of positive earnings. IT & Facilities - Nathan Staggs - All the framing is up in the Endo suite. Nursing and Operations - Nathan Staggs - We should have another pediatrician signed shortly. - UKG is being optimized to help monitor rest breaks and meal breaks. - We will be moving to full-time, 24-hour 7 day a week house supervisor coverage. Administration - Nathan Staggs - We are currently working on the MAR program, CNA education will resume in 2027.	

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General Board Items	Commissioner Committee Assignments - With Dr. Borden’s resignation, we currently have a few committees with only one commissioner assigned to them. Once we appoint our 5th commissioner, we will reassign them to committees. Candidate Applicants for Vacant Board Position - The board had three applicants apply to fill the vacant position - Dennis Rochier, MD, Mary Engle, and Jack Schwab. - The board will interview the candidates in an open board meeting on Tuesday. Posting Board Meeting Recordings - At the Rural Hospital Leadership Conference last month, the board was made aware of scammers using public videos to attempt to scam or send phishing attempts to the hospital.	Motion to approve Surgical Table proposal: Comm. Shimada Seconded: Comm. Borden Motion is approved

	• The RCWs do not require WhidbeyHealth to record or post the meetings online. • Commissioners expressed concern about putting the hospital at unnecessary risk by posting the board meeting videos publicly. • The board will solicit public comment and revisit the topic at the August board meeting. • The agreement between HealthTech and the Hospital was completed on July 20th. WhidbeyHealth paid HealthTech \$41,424.66 as settlement. This resolution ends the relationship between WhidbeyHealth and HealthTech. • The settlement payment was made for prorated salaries for Nathan and Paul. • WhidbeyHealth expects to save over \$500k in management fees between now and the end of 2026.	
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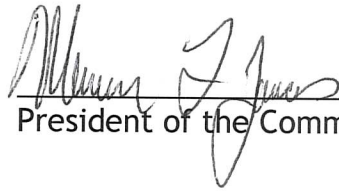
Agenda	Discussion	Action Items
Rural Hospital Leadership Conference	• Commissioners Jouas, Gasper, Shimada, and Nelson attended the conference in Chelan along with Nathan and Paul. • The focus was on CEO board relations and communications. • Commissioner Shimada attended a non-hospital public health seminar and found the discussion informational. • Commissioner Nelson was surprised to find out how many commissioners across the state were new this year. • The commissioners all learned a lot about other hospital districts and how they operate across the state.	

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Executive Session	Executive Session The board will move to executive session to evaluate the qualifications of an applicant for public employment or to review the performance of a public employee per RCW 42.30.110 (g). All decisions will be made in open session. The board will go into Executive Session for a total of 15 minutes and will return to open session at 1:05 pm. The board exits the executive session and returns to open session at 1:05 pm. The board announces that they will need additional time and will return to Executive Session for an	Time out of Open Session: 12:50 pm Time into Executive Session: 12:51 pm Time out of Executive Session: 1:05 pm Time into Open Session: 1:05 pm Time out of Open Session: 1:05 pm

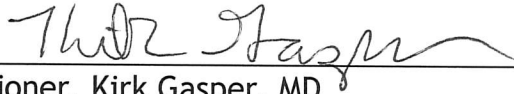
	additional 20 minutes and will return to open session at 1:25 pm. The board exits Executive Session and returns to Open Session at 1:26 pm. No decisions were made and no votes were taken. The board will be discussing further how they would like to compensate Nathan. Commissioner Shimada motions to form an ad-hoc compensation committee with a target date of Tuesday, July 28th to engage in further discussion. Commissioners Katherine Nelson and Marion Jouas will work with WhidbeyHealth attorneys to develop a compensation agreement for Nathan Staggs.	Time into Executive Session: 1:05 pm Time out of Executive Session: 1:26 pm Time into Open Session: 1:26 pm Motion to form Compensation Committee: Comm. Shimada Seconded: Comm. Nelson Motion is approved
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Commissioner Comments	• The Tour De Whidbey will take place Saturday, August 15th. • Commissioner Shimada is looking to have an update regarding Tefca at a future meeting. • Commissioner Jouas thanks the auditors for their work and requests input on WhidbeyHealth continuing to broadcast board meetings virtually. • The county fair will take place this weekend.	

Agenda	Discussion	Action Items
Adjournment	• The next board meeting will take place on Tuesday, July 28 at 1:00 pm. • The next regular board meeting will take place on Thursday, August 27 at 11:00 am. • The board meeting is adjourned at 1:32 pm. • Minutes taken by John Gleason.	Motion to adjourn: Comm. Gasper Seconded: Comm. Shimada Motion is approved



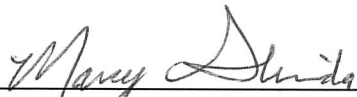
President of the Commission, Marion Jouas, RN



Commissioner, Kirk Gasper, MD



Commissioner, Katherine Nelson



Commissioner, Marcy Shimada

